

Psychology Internship Program



Greenville VA Health Care Center
401 Moye Blvd.
Greenville, NC 27834
(252) 830-2149
<http://www.durham.va.gov/locations/Greenville.asp>

MATCH Number: 242311
Applications Due: December 4, 2020

Accreditation Status

The doctoral internship at the Greenville VA Health Care Center is accepting its fifth class of interns for the training year of 2021-2022. Our program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC). The program is accredited on contingency by the American Psychological Association Council on Accreditation. Questions related to the program's accreditation status should be addressed to:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE, Washington, DC 2002
Phone: (202) 336-5979 e-mail: apaaccred@apa.org
Internet: <http://www.apa.org/ed/accreditation>

Application & Selection Procedures

Application Procedures

The Internship application process is online. To submit an application, please go to the APPIC website (www.appic.org) for instructions on how to complete the online APPIC Application for Psychology Internships (AAPI). Interested individuals who meet eligibility criteria should submit the following application materials:

- A cover letter indicating interests
- APPIC Online Application for Psychology Internship (AAPI)
- Curriculum Vitae
- Official graduate transcript(s)
- Three letters of reference
- De-identified psychological report

Instructions and forms for the Applicant Agreement form required for the Match from the National Matching Program may be downloaded at the web site at www.natmatch.com/psychint. Applicants who cannot access the web site should contact National Matching Service (NMS) directly to request instructions and registration forms.

The deadline for submission of application materials is **December 4, 2020**

APPIC Program Code number: 242311

Interviews

Top candidates will be invited for interviews in mid-January. Following the recommendation of APPIC, all interviews will be virtual (either by telephone or video depending on the interviewee's preference). Opportunities to meet virtually with current interns and the training staff-faculty will be provided. Please be sure

to indicate a daytime telephone number in your application materials so you can be reached to schedule an interview. Inquiries may be made via e-mail at Robert.Shelton2@va.gov.

Applicants not selected to interview will receive notification by e-mail no later than close of business, **December 14, 2020**.

The training year of 2021-2022 will begin on Monday August 2, 2020.

Director of Training

Training Director: Robert Shelton,
Psy.D.
Greenville VA Health Care Center
Phone: (252) 830-2149
Fax: (252) 830-0215
e-mail: Robert.Shelton2@va.gov

***“What surprised me the most about the training program was how diverse the patient population was. I frequently reflect back to experiences that I had while being an intern at the Greenville VA to help me with current cases.”
2017-2018 intern***

Internship Program Admissions and Outcomes Tables see pages 17-19

COVID-19 Response and Adaptations

Due to the COVID-19 pandemic, the training program with the support of Health Care Center leadership successfully transitioned our psychology interns to teleworking while maintaining almost all training activities without significant disruption. Specifically, all trainees are continuing to see veterans via telehealth for individual therapy and assessment, attending and participating in didactics and supervision via virtual media technologies, and benefiting from live, direct observation of clinical care by supervising psychologists. In the training year 2019-2020, one intern elected to work onsite one week and then teleworked two weeks (following her supervisor's telework schedule). The second intern elected to telework two days a week and be onsite three days a week. Interns are actively engaged with their supervisors in developing and providing virtual group therapies. The only training activities that are currently suspended until the Greenville HCC has returned to routine in person patient visits are a secondary rotation at a local medical center and neuropsychological testing. The training program is still exploring workarounds for continuing neuropsychological testing if in person operations have not resumed by the start of the new training year in August. The health and safety of our psychology trainees, along with the competent care of our nation's veterans, is of utmost importance to us. We will continue to provide high quality training in professional psychology while simultaneously keeping our trainees' health and wellness at the forefront. We will continue to update this status and our training materials as the situation evolves. As of today's date (August 17, 2020), all mental health services at the Health Care Center are being delivered by telehealth modalities except when there appears to be a clinical need for a face to face encounter (e.g., urgent or emergent needs - veterans at high risk of suicide or a possible psychotic spectrum disorder). Our Health Care System is following a stepped approach to resumption of face to face services based on recommendations of national health organizations and related to local conditions. Due to this, it is likely that there will be changes over the course of time in the modality by which services are offered. As noted in specific rotation descriptions, services in some non-VA sites are resuming face to face with appropriate precautions observed.



(Welcome to North Carolina Sign)

Psychology Setting

The mission of the Veterans Health Administration (VHA) is to honor America's veterans by providing exceptional health care that improves their health and well-being. As one of its four statutory missions, the Department of Veterans Affairs (VA) conducts education and training to enhance the quality of care provided to patients within VHA "to educate for VA and for the Nation." Locally, the Greenville VA Health Care Center (HCC) conducts this mission by maintaining strong ties with East Carolina University and other institutions of higher learning and housing numerous training programs in medicine (Gastroenterology, Psychiatry, Physical Medicine and Rehabilitation, and Internal Medicine), nursing, nurse practitioner, social work, audiology, and pharmacy. Thus, the mission of the Greenville VA HCC is closely aligned with the aim of our internship program. The Greenville VA HCC affords interns ample opportunities to interact with professionals of other disciplines, engage in scholarly activity, and to provide psychological services to patients with a wide variety of backgrounds and presenting problems.

"It was clear from the beginning that the psychologists and other mental health staff are highly-respected by the other providers at this VA."
2017-2018 intern

The psychology internship program at the Greenville VA HCC in Pitt County is the only accredited training program of its kind in eastern North Carolina, a predominately rural area. The HCC opened in March 2014 and was launched to better serve the health care needs of Veterans in these rural counties. The HCC is housed in an 116,000-square-foot clinic, set on 12 acres of land. Services provided include primary care, mental health, women's health, laboratory, pharmacy, radiology, audiology, cardiology, orthopedics, neurology, optometry, and dental services. The HCC is administratively part of the Durham VA Health Care System headquartered in Durham, NC. The HCC is adjacent to the Brody School of Medicine at East Carolina University (ECU) and Vidant Medical Center. Psychologists at the HCC have been involved in training practicum students from ECU's Department of Psychology since 2010 and accepted the first class of two psychology interns for the 2017-2018 academic year. Two of the psychology staff currently hold appointments as adjunct assistant professors at ECU.

Approximately 15,000 veterans receive outpatient medical services at the Health Care Center. In fiscal year 2019-2020, the Health Care Center had 170,000 outpatient encounters. Of these encounters, 46% were with Black or African-American veterans and 51% with White veterans. Male veterans comprised 89% of the total encounters and female veterans 11% (nationally, women represented about 9.4% of the total veteran population in 2017). Sixty-four percent of encounters at the HCC were with veterans identified as living in rural or highly-rural areas. Veterans sixty-five years of age and older made up 52% of patient encounters.



(Greenville VA Health Care Center Building)

Staff and leadership at the Health Care Center feel a deep commitment to training the next generation of psychologists and have embarked on this enterprise with excitement and a sense of the importance of the task. Clinical practice at the Greenville VA HCC is informed by research, and interns have the opportunity to receive training in evidence-based assessment and treatment. We expect interns to think critically, to generate and test hypotheses related to their clinical work, and to become educated consumers of clinical research. At the Greenville VA HCC we focus on clinical practice and excellent service delivery in a setting where self-reflection and mentoring are valued. The intern is guided through training from a developmental approach. Interns will begin by observing their supervisors' clinical work, will advance to conducting assessment and therapy while receiving in-vivo supervision and feedback, and graduate to junior colleague status within each clinical rotation.

All staff psychologists are credentialed through the Durham VA Health Care System. Our Acting Associate Chief of Mental Health is a clinical social worker, Ms. Yolanda Soney, LCSW. Our Supervisory Psychologist is Kevin Smythe, Psy.D., and our Director of Training is Robert Shelton, Psy.D. The Acting Chief of Psychology in the Durham VA Health Care System is Stacey Kovac, Ph.D. The psychology staff is comprised of eight total psychologists.

“Everyone was so considerate of my goals for training. This program and my supervisors made sure that I received the experiences necessary to be competitive in my chosen specialty.”
2017-2018 intern

Training Model and Program Philosophy

Our program follows the practitioner-scholar philosophy of training. We provide training in and encourage the use of evidence-based psychological practice. Our developmental training model emphasizes the progression from graduate student to professional ready for entry-level independent practice in psychology. The primary focus of the internship year is graduated experiential learning. Competencies in professional practice are developed through clinical practice, supervision, didactic training and mentorship. Delivery of patient care is secondary to the educational mission of the internship. Interns play an important role in selecting their own training opportunities and developing training plans to meet their specific needs.

Program Goals & Objectives

Program Goals

The overarching goal of the Greenville VA HCC training program is to provide generalist training to prepare interns for clinical practice. The importance of clinical practice that has its foundation in the science of psychology is stressed. The program formally integrates science and practice in a number of ways including didactic seminars on practice issues that are based on current empirical literature and the use of empirically validated and supported assessment and clinical interventions. Our goals are consistent with the VA's mission to provide quality care to veterans while advancing state of the art services through research and education. Our program has nine primary goals.

Interns are expected to develop entry-level competency in the following profession-wide competency areas:

1. Integration of Science and Practice
2. Ethical and legal standards
3. Individual and cultural diversity
4. Professional values, attitudes, and behaviors
5. Communication and interpersonal skills
6. Assessment
7. Intervention
8. Supervision
9. Consultation and interprofessional/interdisciplinary skills

Training Schedule and Rotations

Prior to beginning orientation, interns develop an initial plan of training through email and telephone conference with the Training Director. During orientation week, interns may further refine their training schedule for the entire year after hearing presentations by all the faculty psychologists describing their rotations and associated training experiences. During orientation, interns will also go through self-assessment and administered assessments related to the competency areas above. Consulting closely with each other and the training committee, interns select those training experiences and develop individualized training goals that best meet their individual training needs and interests.

An intern can expect to spend at least 50% of their time in direct service related activities with a minimum of 25% of time in face to face psychological services (e.g., interviews, assessment, individual and group therapy, consultation).

Program Structure

We anticipate having two full-time funded internship positions for the 2021-2022 class.

Structure: Interns rotate between the two primary rotations throughout the year and choose two of the available secondary rotations to participate in per year. The training year is structured in 6-month terms; each rotation (both primary and secondary) is of 6 months duration. Interns will be engaged in the primary rotation a total of approximately 24 hours per week and in the secondary rotation a range of 6-8 hours per week. In this fashion an intern can begin to develop a focus on an area of interest. Secondary rotation assignments will be based on consideration of both the intern's interests and identified training needs. Every effort will be made to assign a training experiences that will balance the intern's interests with needs to ensure a broad range of clinical experiences.

1 st 6 Month Term	2 nd 6 Month Term
Primary Rotation (24 hours/week)	Primary Rotation (24 hours/week)
Secondary Rotation (6-8 hours/week)	Secondary Rotation (6-8 hours/week)
Supervision (4 hours/week)	
Didactics (2-3 hours/week)	

Primary Rotations:

a. **Primary Care-Mental Health Integration–** the primary care clinic at the Greenville VA HCC served over 12,000 Veterans in the preceding 12 months. There has been an active PC-MHI team within the primary care clinic for over five years, comprised of two psychologists, one clinical social worker, one registered nurse/care manager and one half-time psychiatrist. The intern on this rotation will be involved in a weekly interdisciplinary team meeting as well as “curbside consultations” with primary care providers and same-day consultations with patients seen in primary care. The focus is on learning the skills necessary to work in an integrated care setting with mental health providers who are co-located and collaborative in their work with primary care providers. PC-MHI’s focus is on mild to moderate anxiety and depression as well as on assisting with behavioral medicine interventions and facilitating patients accessing more intensive mental health services as needed. The intern will be trained in conducting brief, functional assessments and in brief therapies based on cognitive behavioral therapy and will have the opportunity to learn a range of empirically based practices during their training in PC-MHI. A strength of this rotation is its emphasis on interdisciplinary collaboration; the intern will have the opportunity to be involved in a variety of shared medical appointments with other disciplines focused on issues such as cardiac wellness and hypertension. (Primary Supervisors: Jessica Ford, Ph.D., Robert Shelton, Psy.D.)

“I was surprised most by the willingness of supervisors to tailor the internship to meet my training needs.”
2017-2018 intern

b. **General Mental Health** – The intern on this rotation will work within a Behavioral Health Integrated Program (BHIP) and will have the opportunity to interact with other mental health disciplines including social work, nursing, and psychiatry providing team-based care for Veterans. At this time the general mental health clinic is staffed with four psychologists, seven psychiatrists, three clinical social workers, and four registered nurses. There are opportunities for exposure to and training in evidence-based psychotherapies (EBPs), such as Cognitive Processing Therapy for PTSD (CPT) and Cognitive Behavioral Therapy for depression (CBT-D). The intern will receive training in co-facilitating therapy groups such as CBT for depression or ACT. In addition, the intern will also receive training and experience in conducting comprehensive psychological evaluations. The intern will be expected to conduct initial intake interviews with new patients and to develop a small caseload as well as to participate in co-facilitating a therapy group. The intern will have the opportunity to work with patients presenting the full spectrum of mental health issues. (Primary Supervisor: Lauren Osborne, Ph.D.)

Secondary rotations:

Interns will choose from four secondary rotations (6-8 hours per week) including:

- a) **Neuropsychology** - Pending a return to face to face services, interns will have the opportunity to provide assessment services and consultation for outpatient evaluations for veterans at the Health Care Center, with referral questions centered around dementia, stroke, traumatic brain injuries, multiple sclerosis, Parkinson's disease, epilepsy, learning disorders, ADHD, and mood disorders. Interns will eventually be responsible for full evaluations which includes completing chart reviews and clinical interviews, constructing test batteries, reviewing test data, conceptualizing cases, and writing clinical reports with personalized recommendations, as well as providing feedback to Veterans and their families. (Supervisor: Steve Erickson, Psy.D)
- b) **ECU Psychological Assessment and Specialty Services Clinic** is the training clinic for ECU's APA-accredited PhD clinical psychology program, which has a concentration in health psychology. This clinic is located approximately 2.2 miles from the Greenville VA HCC on the ECU East campus. The PASS Clinic provides behavioral health services to community members as well as ECU faculty, staff, and students. The PASS Clinic emphasizes empirically supported short-term treatments. Interns on this placement will primarily receive training in the provision of practicum supervision but may also request advanced training in psychological assessment and/or the provision of individual CBT psychotherapy. All services are being delivered by telehealth at this time. (Supervisor: Tony Cellucci, Ph.D., ABPP).
- c) **ECU Brody School of Medicine Department of Psychiatry and Behavioral Medicine Health Psychology Service** - The Health Psychology Service secondary rotation is located in the ECU Brody School of Medicine Psychiatric Outpatient Clinic approximately two miles from the Greenville VA HCC. This secondary rotation offers an experience in pre-surgical and pre-treatment psychological evaluation. Trainees will receive training in health psychology/behavioral medicine assessment and treatment of medically and



(Tar River Greenville, NC)

psychologically complex patient populations including morbidly obese candidates for bariatric surgery, renal transplant populations (donors and recipients), and chronic pain patients considering spinal cord stimulator implantation. In addition to evaluation/assessment, trainees also have the opportunity to provide interventions to these patient populations aimed at improving post-surgical/treatment outcomes. Interdisciplinary learning opportunities include side-by-side learning with psychology practicum students, psychiatry residents and medical students in clinic and in available didactic seminars. Services are being delivered by telehealth and in person at this time. (Supervisors: Irma Corral, Ph.D., MPH., Brandon Kyle, Ph.D.)

- d) **ECU Brody School of Medicine Department of Psychiatry and Behavioral Medicine Consultation-Liaison Service** – (Please note: This rotation was cancelled during 2020 due to the medical center not allowing trainees on site. The status of this rotation for training year 2021-2022 is undetermined at this time.) The consultation-liaison (CL) service secondary rotation is located at Vidant Medical Center approximately one mile from the Greenville VA HCC. Vidant Medical Center is licensed for 974 beds and is a Level 1 Trauma Center, one of 6 in the state of North Carolina. It is the only level I trauma center east of Raleigh, and thus is the hub of medical care for a broad and complicated rural region of over 1.5 million people. This secondary rotation offers an experience in providing inpatient mental health assessment and treatment. Specifically, trainees receive training in conducting capacity evaluations, assisting physicians in differential diagnosis, working with patients on coping with illness, and administering psychometric tests to assist with treatment decisions. The mission of the CL service is to provide service to both the patient and the primary team in managing the patient's care while in the hospital as well as to help transition back to life outside the facility. Interdisciplinary care is highlighted in this experience, and trainees have the opportunity to develop consult/liaison skills while interacting with various medical teams. (Supervisors: Karlene Cunningham, Ph.D., Ashley Britton, Ph.D.)

"I had some group experience prior to internship but I now feel I am competent to run group due to all the groups I was involved in throughout internship."

2019-2020 intern

DIDACTIC TRAINING and SEMINARS

Time is reserved each week for several seminar series designed to provide greater breadth and depth to each intern's training. These include:

Didactic Seminar Series

The Greenville VA HCC Psychology Training Program includes an average minimum of two hours of weekly didactic training for interns including seminars in the following areas: Psychological Assessment, Psychological Intervention, Clinical Supervision, Ethics, Diversity, and Professional Development. Seminars take place as formal lectures, demonstrations, and journal club discussions.

a. Psychological Assessment

Seminars on psychological assessment will include those related to assessment in general mental health and brief assessment in Health Psychology. Examples of these seminars include Neuropsychological Assessment of Traumatic Brain Injury, Personality Assessment, Suicide Risk Assessment, Violence Risk Assessment, Assessment of PTSD, MMPI-2-RF/PAI, Assessment of SUD, Brief Assessment in Behavioral Sleep Medicine, and Introduction to Integrated Care.

b. Psychological Intervention

Interns will learn about psychological intervention in terms of both evidence-based therapy relationships and evidence-based practices. "Common Factors" will be discussed in terms of therapeutic alliance, empathy and cohesion in group therapy, as well as how all common factors relate to treatment process and outcome. Interns will also learn about an array of evidence-based practices, including cognitive behavioral therapies for PTSD, depression, insomnia, substance abuse, tobacco cessation, and chronic pain, as well as CPAP desensitization, treatment of SUD, and mindfulness interventions, among others. Interns with a commitment to provision of services for PTSD may also choose to be involved in formal VA training for Cognitive Processing Therapy, a gold standard treatment for PTSD. This training typically consists of three days of training early in the training year conducted by a nationally recognized VA training consultant, plus six months of supervised practice of the psychotherapy along with consultation from a VA training consultant. The three-day training takes place at the Durham VA Medical Center and weekly consultation occurs via secure telephone connection. (Note that opting for training in CPT will require commitment to maintaining and recruiting a

caseload of 3-4 patients per week in addition to other scheduled activities in order to achieve VA requirements for provider certification.)

c. Clinical Supervision Series

A series of lectures on theories and methods of supervision is provided. This series is designed to orient interns to challenges and goals in providing supervision to trainees in the field of psychology. Topics covered include supervision for beginners, competencies of a clinical supervisor, multicultural issues in clinical supervision, and the ethics of clinical supervision.

d. Ethics Series

Continuing education in the field of ethics is a core goal of the Intern Lecture Series. These seminars are offered in a variety of formats, including case discussions, multimedia presentations, and debates of ethical issues. Topics covered may include psychology ethics in the VA, boundaries and multiple relationships, confidentiality in the digital age, and the ethics of neuropsychological testing.

“Supervision in all capacities was such an enriching experience. I learned so much from having multiple supervision sessions with different supervisors - it has truly helped further develop the type of psychologist I aspire to be.”
2019-2020 intern

e. Diversity Series

The Psychology Internship Program places a major emphasis on training in cultural sensitivity and issues of individual and cultural diversity in clinical practice. These seminars focus on recognizing issues of individual and cultural diversity, acknowledging these issues in a professional context, coping with personal biases and stereotypes, and effective practice with culturally diverse populations. The seminars are taught from an experiential perspective and interns are involved in role plays, case discussions, and other activities that promote self-reflection and interactive learning. Topics include military culture, experiences of women while active duty and as veterans, cultural competence in psychological assessment and intervention, clinical issues of LGBTQ, rural culture, spirituality and religion, and microaggressions. In addition, a monthly “Diversity Lunch Bunch” will allow the interns to lunch with the program’s Diversity Champion to discuss diversity related issues in a more informal fashion.

f. Professional Development Series

A series of seminars are focused on professional development issues including preparing to find a position in professional psychology. Topics include adjustment to internship, understanding veterans benefits, leadership in psychology, and applying to post-doctoral and professional positions.

g. Journal Club

A monthly, discussion focused seminar on topics such as diversity, ethics, and professional development. Interns are expected to facilitate the discussion at least six times through the course of the year.

Grand Rounds

The Departments of Psychiatry and Behavioral Medicine and Neurology at ECU’s Brody School of Medicine sponsor Grand Rounds on a routine basis. While interns are not required to attend Grand Rounds, attendance provides exposure to a broad base of knowledge.

Supervision

Each intern is provided a minimum of four hours of scheduled supervision weekly, two of which are provided individually by a member of the internship faculty. Typically, two hours of individual supervision are provided weekly on the primary rotation, one hour individually is provided on the secondary rotation, and an hour weekly of additional group supervision is provided. In addition, psychology faculty typically are available as needed for “ad hoc” supervision, so in actuality the total hours of supervision would exceed four weekly.

Requirements for Completion

Interns are provided with performance criteria for each rotation and an evaluation form that reflects the expectations regarding clinical competencies an intern should be attaining. In addition to ensuring a minimum of 2080 hours of training experience, completed over the course of 12 months, interns must achieve competency ratings equivalent to "Intermediate to advanced" in all competency areas of the rotations completed. Evaluations are conducted four times a year (i.e., mid-first rotation, end of first rotation, mid-second rotation, end of second rotation/end of year). Interns are expected to make two formal case presentation during the seminar series, one on an assessment case and one on an intervention case. Interns are also expected to satisfactorily complete a minimum of four psychological evaluations through the course of the year. Interns will also be rated on their facilitation of journal clubs during the seminar series.



(Dickinson Avenue Arts District, Greenville, NC Uptown)

In addition to developing clinical competencies, maintaining good standing within the program also necessitates certain levels of professional behavior. Interns are expected to appear and conduct themselves as professionals. Veterans and staff shall be treated with dignity and respect. The APA ethical guidelines and HIPPA regulations will be strictly adhered to, especially in matters of confidentiality of information, non-exploitation of patients and avoiding conflicts of interests. Additionally, interns are responsible for conforming to all other Health Care Center and Office of Personnel Management regulations concerning conduct and behavior.

Facility and Training Resources

Interns are provided with office space and secure networked computers necessary for patient care and administrative responsibilities. They have access to the VA Medical Library services such as entire text databases like Ovid, as well as VA Intranet and Internet resources for clinical work and research.

Administrative Policies and Procedures

The Greenville VA HCC's policy on Authorized Leave is consistent with the national standard.

The Intern Leave Policy and Due Process, Remediation of Problematic Intern Performance and Grievance Procedures are available upon request from the Training Director at Robert.shelton2@va.gov.

"I think that a strength of the training program is the size because I got to know the psychologists on a professional and personal level, as well as everyone's passion for training. The training program is small, but mighty." 2017-2018 intern

Privacy policy: We collect no personal information from you when you visit our web site.

Self-Disclosure: We do not require interns to disclose personal information to their clinical supervisors except in cases where personal issues may be adversely affecting an intern's performance and such information is necessary to address these difficulties.

Training Staff

PSYCHOLOGY STAFF CREDENTIALS AND RESEARCH INTERESTS

*“Everyone is friendly, inviting, and genuinely wants the best for you and is willing to help in whatever way they can.”
2018-2019 intern*

Steven Erickson, Psy.D.

Education: Psy.D., Clinical Psychology, 2016, Illinois School of Professional Psychology

Fellowship: Veterans Affairs Maine Healthcare System (Togus) (APPCN-accredited program)

Neuropsychology Resident

Licensed Psychologist, North Carolina, #5343

Clinical Interests: Adult/Geriatric Neuropsychology, ADHD, neurobiology of PTSD

Research Interests: neuropsychology of mood/stress disorders, quantified process approach to neuropsychological interpretation, integration of neuropsychology with neuroscience

Theoretical Orientation: Cognitive-Behavioral

Jessica Ford, Ph.D.

Education: Ph.D. Clinical Health Psychology, East Carolina University, 2014;

Provisionally Licensed Psychologist, North Carolina #103250

Professional Organizations: American Psychological Association; Division 19 Member and Early Career Psychology Committee Chair, Society of Military Psychology

Clinical Interests: Behavioral Sleep Medicine, Brief Evidence-Based Treatments, Third-Wave Behavioral Therapies

Research Interests: Veteran and Military Service Member health (especially as it relates to mental and behavioral health and healthcare influences on cardiovascular health); brief treatments and increasing reach of mental/behavioral health treatments adaptations of evidence-based treatments via media or duration; psychosocial aspects of living with Implantable Cardioverter Defibrillators

Theoretical Orientation: Predominantly cognitive-behavioral and acceptance/mindfulness-based.

Jackie Jones-Alexander, Ph.D., CGP

Education: PhD, Clinical Psychology, 2006, SUNY-University at Albany

Licensed Psychologist, North Carolina #3767

Clinical Interests: PTSD, Depression, Anxiety, Group Psychotherapy, Smoking Cessation, Cognitive Processing Therapy for PTSD

Research: Treatments for PTSD, Depression, and Anxiety, psychology training, implementation of CBT in Group formats

Professional Organizations: American Group Psychotherapy Association

Theoretical Orientation: predominately cognitive-behavioral and mindfulness-based

Lauren K. Osborne, Ph.D.

Education: Ph.D., Counseling Psychology, 2016, The University of Southern Mississippi

Fellowship: Bay Pines VA Health Care System Substance Abuse Treatment Program/Mental Health Clinic

Licensed Psychologist: Colorado PSY.0004660

Clinical Interests: Posttraumatic Stress Disorder, Substance Use Disorders, Acceptance and Commitment Therapy, Anxiety

Research Interests: Functional impact of psychotherapy, program development/evaluation

Theoretical orientation: Cognitive-Behavioral, Humanistic approaches through ACT and Mindfulness

Robert Shelton, Psy.D.

Education: Psy.D., Clinical Psychology, 1999, Spalding University

Licensed Psychologist, North Carolina #2621

Professional Organizations: American Psychological Association; Division 12 member, Society of Clinical Psychology

Clinical Interests: Veteran's health, pain management, primary care psychology

Research Interests: chronic disease management, mindfulness-based interventions, psychology training, health effects of stress

Theoretical Orientation: Predominantly cognitive-behavioral and acceptance/mindfulness-based.

Kevin Smythe, Psy.D.

Education: Psy.D., Clinical Psychology, 2004, James Madison University

Licensed Psychologist, North Carolina #3249

Professional Organizations: American Psychological Association

Clinical Interests: Treatment of Depression, Anxiety, and PTSD.

Research: Palliative Care, Health Psychology, Crisis Intervention, and Industrial/Organizational Psychology.

Theoretical Orientation: Integrative, predominately Cognitive-Behavioral and Humanistic approaches.



Duck pond at ECU School of Medicine Greenville, NC – source: <https://microbiology-immunology.ecu.edu/>

Adjunct Faculty

Ashley J. Britton, Ph.D., Clinical Assistant Professor, Department of Psychiatry & Behavioral Medicine, Brody School of Medicine at East Carolina University

Education: Ph.D., Counseling Psychology with Health Psychology emphasis, 2017, University of Georgia

Internship: Henry Ford Hospital (Detroit, MI), Health Psychology Track

Fellowship: Medical University of South Carolina (Charleston, SC), Behavioral Medicine Emphasis

Licensed Psychologist: North Carolina #5551

Professional Organizations: American Psychological Association, Southeastern Psychological Association

Clinical Interests: Inpatient psychological consultations to determine medical decision making capacity and for behavioral management of medical conditions; pre-surgical evaluations; evidence-based individual and systemic cognitive-behavioral interventions for health behavior change, pain management, and mood and anxiety disorders.

Research Interests: Cultural and social factors in health behavior change, chronic illness, and psychopathology; health literacy and numeracy on health outcomes; impact of pre-surgical quality of life and social support on post-surgical outcomes; social support and self-efficacy on health outcomes; quality of life of chronic pain and headaches/migraines; ethnic disparities in physical and mental health and implicit provider biases; medical education in psychiatry/ behavioral medicine.

Theoretical Orientation: Cognitive-Behavioral, Interpersonal

Tony Cellucci, Ph.D., ABPP, Clinical Professor and Director of ECU Psychological Assessment and Specialty Services Clinic (PASS)

Education: MS Behavior Therapy, Southern Illinois University; PhD, Clinical Psychology, 1981 University of North Carolina at Greensboro

Licensed Psychologist, North Carolina # 1018 HSP

Professional Organizations: American Psychological Association Div 12 Clinical (Fellow) & Div 50 Addictive Behaviors; Association of Psychology Training Clinics (APTC) Past President

Clinical Interests: CBT Psychotherapy for adults with emotional problems and addictive behaviors, HIV counseling

Teaching and Research Interests: Motivational interviewing, substance abuse, psychological assessment, ethics and supervision issues in training

Irma Corral, Ph.D. Assistant Dean for Diversity & Inclusion Office of Diversity Affairs

Associate Professor and Director, Division of Behavioral Medicine, Department of Psychiatry and Behavioral Medicine, Brody School of Medicine at East Carolina University

Education: Ph.D., Clinical Psychology, 2009, San Diego State University-University of California San Diego Joint Doctoral Program

Fellowship: Department of Psychiatry and Behavioral Medicine, East Carolina University

Licensed Psychologist: North Carolina #4144

Clinical Interests: Behavioral Medicine Interventions, Pre-Surgical and Pre-Transplant Evaluation, Depression, Anxiety

Research Interests: Racial/ethnic disparities in health behavior and chronic illness

Theoretical orientation: Cognitive-Behavioral, Behavioral

S. Karlene Cunningham, Ph.D., Clinical Assistant Professor, Department of Psychiatry and Behavioral Medicine, Brody School of Medicine at East Carolina University

Education: Ph.D., Clinical Psychology, 2014, Auburn University

Postdoctoral Fellowship: (Behavioral Medicine/HIV) Brown University Clinical Psychology Training Consortium

Licensed Psychologist, Rhode Island #PS01570; North Carolina #5007 HSP

Clinical Interests: Sexual and reproductive health, perinatal mood disorders, chronic illness (e.g., HIV), cancer

Research Interests: Sexual health, psychometrics, assessment, implementation science, evidenced based practice

Theoretical Orientation: Transtheoretical, predominately Cognitive-Behavioral and Interpersonal approaches

Brandon N. Kyle, Ph.D., Associate Professor, Department of Psychiatry and Behavioral Medicine, Brody School of Medicine at East Carolina University

Education: Ph.D., Clinical Psychology, 2010, West Virginia University

Fellowship: South Texas Veterans Health Care System (San Antonio, TX), Primary Care/Health Psychology Emphasis

Licensed Psychologist: North Carolina #4157

Professional Organizations: Association for Contextual Behavioral Science, Society of Behavioral Medicine, American Psychological Association

Clinical Interests: Pre-surgical (e.g., bariatric, transplant, spinal cord stimulator) psychological evaluation.

Evidence-based, cognitive-behavioral assessment and intervention for health behavior change, chronic pain, depression, and anxiety.

Research Interests: Pain, including acute, chronic, dental, and spinal cord stimulator implantation. Medical education, particularly undergraduate and graduate psychiatry & behavioral medicine education.

Theoretical orientation: Behavioral, Cognitive-Behavioral

Trainees

2017-2018 Internship Class

Marywood University
Pacific University

2018-2019 Internship Class

Indiana University of Pennsylvania
Nova Southeastern University

2019-2020 Internship Class

University of Georgia
The Chicago School of Professional Psychology

2020-2021 Internship Class

Fielding University
Our Lady of the Lake University

Local Area:

Greenville is widely recognized as the cultural, educational, economic, and medical hub of Eastern North Carolina. While retaining its Southern charm, Greenville has grown into the 10th largest city in the state and is now a thriving, small metropolitan city of about 90,000 in the heart of Pitt County with a population of over 175,000 residents.

Greenville is a growing university-medical community, home to East Carolina University and Vidant Medical Center, along with a strong industrial community. Greenville is also an accommodating event and leisure destination with an expanding Greenville Convention Center Campus, and a vibrant Uptown Greenville District with its own diverse art, music, food, and festival scene featuring an increasing number of unique, locally-owned businesses, galleries, shops, and restaurants. Greenville can be found in the center of Pitt County, along the beautiful Tar River in Eastern North Carolina's Inner Banks, approximately 85 miles east of the state capital of Raleigh and 87 miles west of the Atlantic Ocean. The area's numerous waterways offer opportunities for boating, kayaking, fishing, hiking, camping, and birding. Our community is also fortunate to have one of the most extensive recreation and greenway systems in the region, including the 324 acre River Park North, the Greenville Town Common, and Greenville Greenway System, which visitors and residents can enjoy during all four seasons every year thanks to our relatively mild climate.

“What I really valued about the program was all the supervisors and healthcare center’s investment in our training. I also appreciated how open and welcoming the psychology staff was throughout the year.” 2017-2018 intern

East Carolina University is the 3rd largest public university in North Carolina, with over 28,000 students and 6,000 faculty and staff. ECU Brody School of Medicine is affiliated with Vidant Medical Center, one of four academic medical centers in North Carolina. This 900+ bed academic medical center is a tertiary referral center and provides acute, intermediate, rehabilitation and outpatient health services to more than 1.4 million people in 29 counties.

Area Links:



(Click picture to the left for video.)

[Greenville-Pitt Chamber of Commerce](#)

[Greenville-Pitt County NC Convention and Visitors Center](#)

[Uptown Greenville](#) (a private nonprofit dedicated to revitalizing the city's center—the Uptown business district)

[Pitt County Arts Council at Emerge](#) (a non-

profit arts organization dedicated to educating, inspiring and making the arts accessible to the entire Pitt County community)

[East Carolina University](#)

[ECU Visual and Performing Arts](#)

[Vidant Medical Center](#)

[East Carolina Velo Cycling Club](#)

[Running Clubs](#)

[Canoe/Kayaking](#)

[Greenville, NC #22 on Forbes list of "Best Small Places for Business and Careers"](#)

Beaches: [North Carolina Crystal Coast](#) "With more than 85 miles of enticing North Carolina coastline, nine distinct regions – including "America's Favorite Town" – and hundreds of events and activities"

[Hammocks Beach State Park](#) "A crown jewel of the North Carolina coast and Hammocks Beach State Park is Bear Island—a three-mile-long, undeveloped barrier island accessible by the park's passenger ferry, private ferry or by paddling a canoe or kayak."

["Best-Kept Secrets: NC's Inner and Outer Banks a land of pirates, wolves, legends"](#)

Nearby communities:

[Washington, NC](#) - "the original Washington"

[New Bern, NC](#) – North Carolina's Colonial Capitol

[Raleigh, NC](#)

Airports: Locally, Greenville is serviced by [Pitt-Greenville Airport](#)

Additional flights are available out of [Raleigh-Durham International Airport](#)

[Greenville Map](#)

Driving Directions to Greenville VA Health Care Center

From the East

Take NC 43 to Highway 11 into Greenville.

Make a left on Arlington Blvd, and follow to Stantonsburg Road. Make a right onto Stantonsburg. Follow to Rite Aid Drug Store.

At Rite Aid Drug Store, make a left onto Moye Blvd. Moye Blvd ends at 5th Street. Straight ahead, through the traffic light, is the Greenville HCC (401 Moye Blvd, Greenville, NC 27834) just past Jimmy John's and Microtel Inn. Look for the large blue VA logo on the front of the building.

From the West

Take NC 264 into Greenville.

As you enter Greenville and start approaching Vidant Memorial Hospital, look for a Rite Aid Drug Store on your right. At the Rite Aid Drug Store, make a left onto Moye Blvd. Moye Blvd. ends at 5th Street. Straight ahead, through the traffic light, is the Greenville HCC (401 Moye Blvd, Greenville, NC 27834) just past Jimmy John's and Microtel Inn. Look for the large blue VA logo on the front of the building.

Internship Program Admissions

Date Program Tables are updated: August 14, 2020

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

The Greenville VA Health Care Center Psychology Internship Program complies with all APPIC guidelines in the recruitment and selection of interns and participates in the National Matching Service Match program. "This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant" (APPIC Match Policies). A complete copy of APPIC policies and the computer matching program can be found at the APPIC website, <http://www.appic.org/>

Internship applicants must meet these criteria to be considered for any VA Psychology Internship Program:

10. Be a doctoral student in good standing at an American Psychological Association (APA) or Canadian Psychological Association (CPA) accredited graduate program in Clinical, Counseling, or Combined psychology or Psychological Clinical Science Accreditation System (PCSAS) accredited program in Clinical Science. Persons with a doctorate in another area of psychology who meet the APA or CPA criteria for re-specialization training in Clinical, Counseling, or Combined Psychology are also eligible.
11. Candidates must be approved by their graduate program's Director of Training as ready for internship

Candidates preferably will have only minor dissertation requirements remaining. Preference will be given to candidates who have supervised assessment and therapy experience with a range of psychopathology across varied populations and settings, as well as supervised training in objective psychological test interpretation. Minority applicants and those with interests and expertise in minority issues are encouraged to apply. We are committed to ensuring a range of diversity among our training classes with respect to Veteran status, members of historically underrepresented groups, sexual orientation, and disability status. All things being equal, consideration is given to applicants who identify themselves as Veterans or members of historically underrepresented groups.

Applicants are strongly encouraged to review the document linked here prior to applying. The document provides specific information regarding eligibility requirements and information regarding the process of being appointed to a VA position following the selection process.

[Eligibility Requirements for Psychology trainees in VA](#)

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours		Yes	Amount: 300
Total Direct Contact Assessment Hours		Yes	Amount: 50

Describe any other required minimum criteria used to screen applicants:

The program does not have additional screening criteria.

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Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	\$27,108	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	Yes X	No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes X	No
Coverage of family member(s) available?	Yes X	No
Coverage of legally married partner available?	Yes X	No
Coverage of domestic partner available?	Yes	No X
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	104	
Hours of Annual Paid Sick Leave	104	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes X	No
Other Benefits (please describe):		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2016-2019	
Total # of interns who were in the 3 cohorts	6	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree		
	PD	EP
Community mental health center		
Federally qualified health center		
Independent primary care facility/clinic		
University counseling center		
Veterans Affairs medical center	4	
Military health center		
Academic health center		
Other medical center or hospital		
Psychiatric hospital		
Academic university/department		
Community college or other teaching setting		

Independent research institution		
Correctional facility		
School district/system		
Independent practice setting		
Not currently employed		2
Changed to another field		
Other		
Unknown		

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

Additional information about VA stipends and benefits is available on the VA Psychology Training website <http://www.psychologytraining.va.gov/benefits.asp>